

RECEIVED

APR 03 2006

Department of Corporations  
Los Angeles

*Contours* **Express**®

The Better Idea in Women's Gyms!™

**Uniform Franchise  
Offering Circular**

CONTOURS EXPRESS, LLC  
156 IMPERIAL WAY  
NICHOLASVILLE, KENTUCKY 40356  
(877) 227-2282  
[WWW.CONTOURSEXPRESS.COM](http://WWW.CONTOURSEXPRESS.COM)

© 2006 CONTOURS EXPRESS, LLC

CONTOURS/CA-UFOC-3.30.06.06

DISCLOSURE STATEMENT OF

CONTOURS EXPRESS, LLC  
156 IMPERIAL WAY  
NICHOLASVILLE, KENTUCKY 40356  
(877) 227-2282

**INFORMATION FOR PROSPECTIVE FRANCHISEES  
REQUIRED BY FEDERAL TRADE COMMISSION**

\*\*\*\*\*

To protect you, we've required your franchisor to give you this information. **We haven't checked it, and don't know if it's correct.** It should help you make up your mind. Study it carefully. While it includes some information about your contract, don't rely on it alone to understand your contract. Read all of your contract carefully.

Buying a franchise is a complicated investment. Take your time to decide. If possible, show your contract and this information to an advisor, like a lawyer or an accountant. If you find anything you think may be wrong or anything important that's been left out, you should let us know about it. It may be against the law.

There may also be laws on franchising in your state. Ask your state agencies about them.

**Federal Trade Commission  
Washington, DC 20580**

UNIFORM FRANCHISE OFFERING CIRCULAR

**Contours Express**<sup>®</sup>  
The Better Idea in Women's Gyms!<sup>™</sup>

Contours Express, LLC  
156 Imperial Way  
Nicholasville, Kentucky 40356  
(877) 227-2282  
www.ContoursExpress.com

The franchisee will engage in the opening and operation of a fitness and weight loss studio under the Contours Express<sup>®</sup> trademark and system of operating procedures. The franchisee will operate the business from an approved location, which is customarily located within the confines of a retail strip center or freestanding building.

The initial franchise fee for individual unit franchises is \$14,000. The estimated initial investment required for individual unit franchises ranges from \$42,300 to \$73,820.

**RISK FACTORS:**

1. THE FRANCHISE AGREEMENT PROVIDES THAT THE FRANCHISOR HAS THE RIGHT TO SUE FRANCHISEE IN KENTUCKY FOR SUMS DUE IT, FOR MATTERS AFFECTING ITS RIGHTS RELATING TO ITS TRADEMARKS AND CONFIDENTIAL INFORMATION, AND FOR PRELIMINARY INJUNCTIVE RELIEF. OTHERWISE, THE FRANCHISE AGREEMENT REQUIRES THAT ALL DISAGREEMENTS BE SETTLED BY ARBITRATION IN KENTUCKY.

OUT OF STATE LITIGATION AND ARBITRATION MAY FORCE YOU TO ACCEPT A LESS FAVORABLE SETTLEMENT FOR DISPUTES. IT MAY ALSO COST YOU MORE TO LITIGATE AND ARBITRATE WITH US IN KENTUCKY.

2. THE FRANCHISE AGREEMENT STATES THAT KENTUCKY LAW GOVERNS THE AGREEMENT AND THIS LAW MAY NOT PROVIDE THE SAME PROTECTIONS AND BENEFITS AS LOCAL LAW. YOU MAY WANT TO COMPARE THESE LAWS.
3. THERE MAY BE OTHER RISKS CONCERNING THIS FRANCHISE.

Information about comparisons of franchisors is available. Call the State Administrators listed in Exhibit A or your public library for sources of information.

Registration of this franchise with the State does not mean that the State recommends it or has verified the information in this Offering Circular. If you learn that anything in this Offering Circular is untrue, contact the Federal Trade Commission, Washington, DC 20580 and your state regulatory agency listed on Exhibit A.

Effective Date: \_\_\_\_\_, 2006